

Day One: Insights Discovery theory

1

A welcome and introduction to your co-delegates and the faculty team will start your first day, followed by a quick review of the Insights Discovery core components experienced in the pre-work. The focus of day one then shifts to providing you with the right amount of information and knowledge of the Insights Discovery system, creating practitioner-level awareness of the technical details of the Insights Discovery model.

- Welcome, introductions and objectives
- A review of Insights Discovery components
- Your Insights Discovery Personal Profile
- Building the graphs
- Building the wheel



Day two: Preparing to deliver with Insights Discovery

2

Day two is about giving you all the resources and knowledge you need to unlock the magic in an Insights Discovery introduction. We'll take you through a detailed walkthrough of a best practice agenda, and give you an opportunity to experience, practise and reflect throughout the day.

- Getting started
- Perception
- Colour energies: part one
- Colour energies: part two
- Jungian preferences
- Introducing the profile
- Working with the profile
- Recognising type
- Adapting and connecting
- Action planning and close



Day three: Delivering with Insights Discovery

3

There's no better way to learn than to try! On day three you'll explore the magic of working with Insights Discovery by getting on your feet and having a go at facilitating a section of an introductory workshop. You will then focus on how to create breakthrough conversations using the Insights Discovery Personal Profile, with opportunities to practise and develop skills in this area.

- Teach back
- Working with the profile
- Coaching exercise
- Breakthrough conversations
- Room with a view, facilitator with a presence

On this day you'll also complete your Confirmation of Learning (this will be homework to make sure you've picked up the key elements of the model).

Day four: Applying Insights Discovery

4

The fourth and final day looks at the practical ways you can use Insights Discovery to address common business challenges and explores what you can do to keep the magic of Insights Discovery alive with the individuals, teams and organisations you work with.

- Review the Confirmation of Learning
- Preparing for your first session
- Keeping Insights Discovery alive
- Practitioners' next steps

Note: As part of your IDA, you'll be given the opportunity to generate practice Insights Discovery Personal Profiles for three people of your choosing. All of the instructions will be listed in the post-work email.